

# Download Dr David Brownsteins Natural Way To Health

Dr. Brownstein's Natural Way to Health is different from any other source for health information you have ever seen — 100% focused on crucial issues affecting you and those you care about. Dr. Brownstein almost quit medicine. Each monthly issue of Dr. David Brownstein's Natural Way to Health includes: . Comprehensive Reports. Each issue will include in-depth (but easy to read) reports focused on vital and timely health topics. You'll gain necessary knowledge about the most promising holistic and medical strategies to help conditions such as: Dr Brownstein has practiced holistic medicine for 12 years and is well respected by prominent health organisations across the United States and Australia. Dr Brownstein specializes in the use of vitamins, minerals, herbs and natural hormones, and also utilizes applied kinesiology, acupuncture and nutritional therapies in his practice. Dr. Brownstein will show you what are the myths of salt and why adding the correct form of salt to your diet can markedly improve your health. Salt Your Way to Health, 2nd Edition will challenge each of the above statements and give you a healthier alternative to regular table salt.