

# Download From Meat To Vegan 1 Month Recipe Diary

How do vegans possibly do it? Even after I became vegetarian, I turned this question over and over in my mind. I knew that I wanted to quit eating animal products but just couldn't imagine making it work. I had even tried a vegan diet for a month, only to learn in the process that I wasn't ready. 1-bowl vegan chocolate cake made with simple ingredients. A 2-layer chocolate buttercream-frosted cake that's moist, fluffy, and rich in chocolate flavor. This One Pot Creamy Hummus Pasta is ready in 20 minutes! This vegan pasta dish is kept light by using hummus in place of typical cream sauce. Pasta is a staple at my house. I'm Seonkyoung Longest! ???. The creator of Asian at Home & Life in... Series! ? My nickname is Flower Pig ?? and not scare to say that I'm a control freak! ? Hope you get lots of inspirations from my awesome recipes!