

Download Mental Health Care Can The Usaf Do More To Encourage Help Seeking Behavior

encourage help seeking behavior among its active duty members. Its aim is to spread awareness of current mental health issues, and to offer some solutions in coping with issues involved with seeking help for mental health care. This paper discusses the stigma surrounding mental health care within society and the military. The purpose of this research paper is to demonstrate how the USAF can take additional steps to de-stigmatize mental health treatment, and encourage help seeking behavior among its active duty members. Its aim is to spread awareness of current mental health issues, and to offer some solutions in coping with issues involved with seeking help for mental health care. The purpose of this research paper is to demonstrate how the USAF can take additional steps to de-stigmatize mental health treatment, and encourage help seeking behavior among its active duty members. The purpose of this research paper is to demonstrate how the USAF can take additional steps to de-stigmatize mental health treatment, and encourage help seeking behavior among its active duty members.