

Download Work And Family Balance In The Middle East

Work-life balance refers to the manner in which a person's time is split between personal time and work time. A good work-life balance is one whereby the time is split evenly between work and personal activities such as spending time with one's family and friends, community participation, one's religious and spiritual development self-care, and pursuing hobbies. Our Latest Summit Highlights. 10-11 February 2019 – Bulgari Resort Dubai, UAE. The summit was the sixth of its kind, and was a gathering of family offices, with a specialist focus on business in the Middle East. Traditionally, "Work-Life Balance" is a business imperative directly impacting productivity and business performance, and is the goal of almost every modern day professional to maintain an ... Over the years, I've asked everyone from solo freelancers to big-time CEOs how they balance work and the rest of their lives. The conclusion I've drawn from the collective answers is this: The ...